



did you know?

The NL Association for Community Living.

Working on behalf of individuals with intellectual disabilities and their families

Attempting to navigate the system of Disability Supports and Rebates offered for individuals with low incomes can be complex and confusing. This family guide may be a useful tool for individuals and families needing direction.

NLACL Family Guide

Issue 2



Provincial Home Support Program



Home support services include the provision of personal and behavioural supports, household management and respite at the minimum level to maintain individual independence. Home support services are intended to supplement, not replace, service provided by the individual's family and/or support network. Services are non-professional in nature and are delivered by an approved home support agency or by a home support worker hired by the individual or family.

Home support services may be either purchased privately by an individual or subsidized from public funds to a maximum financial ceiling. Referral for publicly funded home support service is through the Regional Health Authority and can be initiated by anyone, including the individual who is requiring service. To be eligible for a financial subsidy, the individual must undergo a functional and financial assessment by professional staff from the Regional Health Authority.



Newfoundland and Labrador Prescription Drug Program (NLPDP)

The Newfoundland and Labrador Prescription Drug Program (NLPDP) provides residents of the province



financial assistance for the purchase of prescription medications. NLPDP will pay prescription costs and other related benefits, for which a person is eligible, only where those services are not reimbursable by a third party. This program is funded by the Department of Health and Community Services.

There are five main plans under the NLPDP. For online applications and information on these five plans please visit: www.health.gov.nl.ca/health/prescription/nlpdp_plan_overview.html

Residential Options

The NL Association for Community Living has a policy statement on Supportive Living and Housing. We believe that adults with intellectual disabilities must be afforded the opportunity to live in typical houses and communities where they can exercise their full rights and responsibilities as citizens. Living in the community is a right of all Canadian citizens and thus

public policy in Canada must facilitate, accommodate and enable the free and full exercise of this right.

For more information on our policy statement, the policy context and our recommendations please visit www.nlacl.ca and look under the "housing" tab. If you would like a printed copy contact us at 709-722-0790 and we will mail one to you.



Residential options are residential living arrangements that may be available to persons with disabilities who meet program requirements. This program is funded by the Department of Health and Community Services.

Cooperative Apartment Program

This program offers a private residential setting operated by an incorporated community board of directors and staffed by a live-in supervisor and relief staff. The private residences are usually rented houses and are shared by up to three adults with intellectual disabilities. The main emphasis is on skill teaching and support to enable more independent living rather than providing a permanent residence.

Alternative Family Care Home Program

This program offers private homes which have been approved by the Regional Health Authority for the purpose of providing room and board, supervision and personal and social support for up to two unrelated adults with intellectual disabilities in a family atmosphere. Supports and services are available as necessary. Monitoring and supervision is provided by the social worker assigned by the Regional Health Authority.

Board and Lodging Supplement

A Board and Lodging Supplement is a funding supplement that is available, based on assessed need, to adults with psychiatric, physical and/or intellectual disabilities, 18 years of age and older, who reside with relatives or non-relatives. These adults have identified needs and require a higher board and lodging rate to live in these arrangements than is usually allowed. The basic rate of board and lodging is available through the Dept. of Advanced Education and Skills (AES) and the supplement is available through the Regional Health Authorities.

Individualized Living Arrangements

An individualized living arrangement (ILA) is established when no other service option is available or appropriate for an adult with an intellectual disability, meeting home support

For additional information on eligibility please visit: www.health.gov.nl.ca/health/personsdisabilities/fundingprograms_hcs.html

Residential Options Continued...

criteria and unable to reside with their natural family. While this program usually supports one client per home, there may be situations approved where the living arrangements are shared by individuals who wish to reside together. The funding for basic income support is provided by the Department of Advanced Education and Skills with additional funding for home support and other related costs provided by the RHAs. Once established, the ILAs are managed by the individual, family, or operations committee.

Shared Living Arrangements

In some instances individuals with disabilities who require high level of home support may choose to share the cost of a living arrangement and home support staff. Funding may be provided from several sources such as the Department of Advanced Education and Skills and the Regional Health Authorities (RHA). As in an individual living arrangement all benefits of income support including rent and heat and light supplements, and any other benefits available, are obtained from AES and supplemented as per policy by RHAs.

Flat Rate Allowance

Adults with disabilities who qualify for home support may also be eligible for a flat rate allowance, up to a maximum monthly amount. This program is funded through Health and Community Services. For more help or to apply, call one of the Regional Health Authorities.

Community Access Funding

Persons with developmental disabilities may get money to take part in community activities. This program is funded through Health and Community Services. For more help or to apply, call one of the Regional Health Authorities.



did you know?

Reader feedback Card Family Guide # 2



Newfoundland and Labrador
Association for Community Living



Did you find this guide helpful?

YES

NO

SOMEWHAT

Did you learn something new?

YES

NO

SOMEWHAT

Is there an area you would like info about?

Please take the time to fill in this feedback card and mail, fax or email it back to us. Thank you.

→ Harmonized Sales Tax Credit

This is paid each October and is included with the federal GST credit. The amount paid is based on income from the year before. A person must file a yearly income tax return to receive this credit. For more help, call 1-800-959-8281. This program is funded through the Department of Finance.

→ Home Heating Rebate



This is money given to people with a household income below a certain amount, who pay to heat their home. Assistance is available no matter what type of heat source is used. You must apply for this rebate. For more

help, call 1-866-990-3444. This program is funded through the Department of Finance.


NEVER
GIVE
UP

About Us

Our mission is to work with and on behalf of individuals with an intellectual disability and their families.

To advocate for individuals to live as full participants in the community based on the values of Equality, Inclusion and Independence.

We have been supporting persons with intellectual disabilities and their families since 1956.

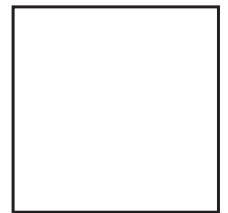
Canada  Funded by the government of Canada's Social Development Partnerships Program – Disability Component. The opinions and interpretations in this publication are those of the author and do not necessarily reflect those of the Government of Canada



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Association for Community Living**

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Return Address



When completed, please return this card to

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